



## GONZAGA COLLEGE SJ

A.M.D.G.

### TRANSITION YEAR RETREAT KIT LIST

It is important that you are able to stay warm and dry. Please bring OLD clothes that you do not mind getting wet sandy. The following is recommended for an overnight adventure retreat.

#### **Clothing:**

- 2 swimming shorts or togs
- 2 pairs of trousers, 1 pair of shorts (please note that jeans are not suitable)
- 1 long sleeved top, 2 t-shirts
- 2 warm jumpers/hoodies
- 3 pair of socks
- 2 sets of underwear
- Warm nightwear
- Waterproof jacket
- Waterproof trousers
- Sunhat, hat, scarf and gloves

#### **Personal Effects**

- Wash kit
- 2 large towels (one to be used at the beach)
- Water bottle
- **Pillow**
- **Sleeping bag**

#### **Footwear**

- 2 pair of trainers or boots for outdoor use
- Shoes for indoor use